

TESG What's For LUNCH September 2026

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	1	2	3	4
	WG Turkey Tacos Spanish Brown Rice Mixed Vegetables Fruit Cup Milk	WG Chicken Nuggets Mashed Potatoes Steamed Broccoli WW Roll Fruit Cup Milk	WW Spaghetti With Vegetables (Ground Turkey) Steamed Broccoli WW Roll Fresh Fruit Milk	Deli Turkey & Cheese on WW Bun & Shredded Romaine Cucumber & Carrot Salad Ranch Dressing Packet Fruit Cup Milk
7	8	9	10	11
No School (Labor Day)	WG Pulled Chicken Fajitas With Mixed Peppers Brown Rice Seasoned Corn With Peas Fruit Cup Milk	Oven Baked Chicken Glazed Carrots Mixed Greens WW Roll Fresh Fruit Milk	WW Beefaroni W/Vegetables (Ground Turkey) Green Beans WW Roll Fruit Cup Milk	WG Cheese Pizza Shredded Garden Salad Fresh Fruit Milk
14	15	16	17	18
Crispy Chicken Wrap With Cheese & Shredded Romaine Lettuce Baked Tots Green Beans Fruit Cup Milk	WG Turkey Tacos Mexican Brown Rice Mexican Corn & Green Beans Fruit Cup Milk	WG Chicken Tenders Glazed Carrots Steamed Broccoli WW Roll Fresh Fruit Milk	WW Stroganoff W/Vegetables (Ground Turkey) Sweet Peas Fruit Cup Milk	Deli Turkey on WW Sub Roll Shredded Garden Salad Fresh Fruit Milk
21	22	23	24	25
Crispy Chicken Wrap Baked Tater Tots Mixed Vegetables Fruit Cup Milk	WG Chicken Fajitas W/Peppers Brown Rice Mixed Vegetables Fruit Cup Milk	Oven Roasted Chicken Mashed Potatoes Sweet Peas WW Roll Fresh Fruit Milk	WW Spaghetti With Vegetables Seasoned Green Beans WW Roll Fruit Cup Milk	WG Cheese Pizza Shredded Garden Salad Pineapple Tidbits S: Cheese Crackers Fresh Fruit Milk
28	29	30		
Deli Turkey on WW Bun With Cheese Shredded Garden Salad Sliced Peaches Fresh Fruit Milk	WG Turkey Tacos Spanish Brown Rice Mixed Vegetables S: Goldfish Fruit Cup Milk	WG Chicken Nuggets Mashed Potatoes Steamed Broccoli WW Roll Fresh Fruit Milk		